Launchpad

Preventing homelessness

Launchpad's Work and Life Skills Centre timetable

November 2026

Our centre is a space to learn, create and connect. Please see the timetable overleaf for activity times.

Whether you are looking to gain a new skill or looking for a place to relax and chat at our internet cafe, there is something for everyone!

This month's partners

We would like to thank Terry Dixon for his history workshop, and Nicki for the ESOL lessons. As well as Together for our mental health drop-ins.

We will be partnering with Citizen's Advice, Holt nurses alongside an NHS mental health practitioner. And working with St Mungo's for their support with career opportunities.

And, as ever, we will be joined by our wonderful tutors and volunteers.

Private Hire

Launchpad's centre is available for hire and have a wide range of options, ranging from a single desk to the whole centre. If you'd like to find out more about hiring the centre, call the team on **0118 9291135**.

Hello and welcome to our Work and Life Skills Centre.

To find out more you can email us at, **wlsc@launchpadreading.org.uk** or you can call us on **0118 9291135** or you can come and meet the team. Our address is **135 Cardiff Road, Reading, RG1 8JF**.

Directions to the centre

Scan this QR code and just add your location for walking directions:

Scan this QR code to see the number 18 bus route, the best bus to use to get to the centre:

Fold this leaflet along the dots - and everything will be the right way round.

Have you read the Work and Lifeskills centre guide?

Scan this QR code to read the guide:

November 2026	Monday	Tuesday	Wednesday	Thursday	Friday
AM	• **Internet café** Every week, 11am-1pm • **Employment support with St Mungo's** 2nd,10am-1pm	• **Guitar lessons for beginners** Six-week course starting 10th Nov, 11am-12pm	• **Mental health & wellbeing 121 support facilitated by Together** 11th & 25th, 11am -12:30pm • **Internet cafe, social drop-in and laundry** Every week, 11am-2pm, (final wash 1pm)	• **Internet cafe** Every week, 10am-12pm • **Sewing & repair** Every week,11-1pm	• **Photography** 6th & 20th 11am-12:30pm • **Internet cafe** Every week, 11am-3pm
PM	• **HOLT NHS nurse check-ups & mental health practitioner** Every week, 2-3pm • **Gentle exercise** Every week except 9th, 2-3pm • **Citizen Advice Reading drop in** 2nd, & 16th, 1-3pm • **Food Hygiene Certificate Level 1** Every week except 2nd, 1-3pm	• **Art** 3rd, 1pm-3pm	• **History of Reading workshop with Terry Dixon** 18th, 1.45-2.45-3pm	• **Self defence** Weekly, 2-3pm • **Shared Voice Reading** 26th,1:30-3:30pm • **English (lessons) for Speakers of Other Languages, (ESOL) with New Directions College** Weekly,1-3pm	• **Internet cafe** Every week, 12pm-3pm

Laundry: Everyone is welcome to use the washing machines at the centre everyday when taking part in an activity.
On Wednesday, anyone can use the machines, but we expect them to be busy - machines can be used on a first come, first served basis.