

Whether you are looking to gain a new skill or looking for a place to relax and chat at our internet cafe, there is something for everyone!

Our centre is a warm space to learn, create and connect. We are open Monday to Friday, 10am - 3pm.
Please note we are closed on the 24th June.

Launchpad's Work and Life Skills Centre timetable

June 2026

Hello and welcome to our Work and Life Skills Centre.

To find out more you can email us at, WLSC@Launchpadreading.org.uk or you can call us on **0118 9291135** or you can come and meet the team. Our address is **135 Cardiff Road, Reading, RG1 8JF.**

Directions to the centre

Scan this QR code and just add your location for walking directions:



Scan this QR code to see the number 18 bus route, the best bus to use to get to the centre:



Fold this leaflet along the dots - and everything will be the right way round.

Private Hire
Launchpad's centre is available for hire and have a wide range of options, ranging from a single desk to the whole centre. If you'd like to find out more about hiring the centre, call the team on **0118 9291135.**

And, as ever, we will be joined by our wonderful tutors and volunteers.

We are also working with Thames Water and Reading Voluntary Action and St Mungo's to deliver our Employment and Volunteering Day.

We will be partnering with Citizens Advice Reading and Holt nurses alongside an NHS mental health practitioner.

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This month's partners

We have two great events in June that we'd like to share with you.

Employment and Volunteering Day - 15 June

This event is running from 10am to 3pm and we will be joined by Thames Water and Reading Voluntary Action. You will be able to find out more about volunteering opportunities in Reading and get help with the job application process.

Summer Celebration - 16 June

We're having a summer celebration - and if you are a Launchpad client, you're invited. There will be food and entertainment and we hope to see you there!

June events

June 2026

Day

Monday

- Internet Café including private rented property searches
Weekly, 11am - 1pm

Employment & Volunteering Day
15th June, 10am - 3pm,
more details overleaf.

- Hairdresser
22nd, 10am - 1pm

Tuesday

- Guitar lessons for beginners
Weekly, 11am - 12pm
- Sewing & Repair
Weekly,
12 - 2pm

Summer Celebration,
16th, 11am - 2pm,
more details overleaf.

Wednesday

- Cooking
3rd, 10th and 17th,
11am - 3pm

The Centre is closed all day on the 24th June.

Thursday

- Integrated Offender Management Support
Weekly, 10am - 12pm
- Internet Cafe including private rented property searches
Weekly, 10am - 12pm

Friday

- Mindfulness relaxation
5th, 19th and 26th,
11am - 1pm
Women only
- Photography
5th and 19th,
11am - 12pm

Morning

Afternoon

- HOLT NHS nurse check-ups and mental health practitioner
Weekly,
1 - 3pm
- Gentle gym exercises,
8th, 22nd and 29th,
2 - 3pm

- Art
Weekly,
1pm - 3pm

- Laundry & well-being.
3rd, 10th and 17th,
11am - 2pm
Last wash at 1pm
- Citizens Advice Reading's budgeting support,
10th and 17th,
2 - 3pm

- Self Defence
4th and 25th,
2 - 3pm
- Gardening
Weekly,
1pm - 2pm
- Shared Voice Reading
25th, 1:30 - 3:30pm

- Mindfulness relaxation
5th, 19th and 26th,
1.20 - 2.50pm
Men only
- Internet Cafe
Weekly,
12 - 3pm

Laundry: Everyone is welcome to use the washing machines at the centre everyday when taking part in an activity. On Wednesday, anyone can use the machines, but we expect this slot to be busy so please call to book a space in advance.

BoB online recovery support: is available whenever we are open. Speak to the team for more details.